

Medical Education

- 08/1996 – 12/2003 **Sri Ramachandra Medical College and Research Institute**, an international partner institution of **Harvard Medical School**, located in Chennai, India
Bachelor of Medicine, Bachelor of Surgery M.B.B.S., 03/2004
- 10/2003 – 11/2003 **Mount Auburn Hospital**, a **Harvard Medical School** teaching hospital, Cambridge, MA
NEUROLOGY ROTATION: elicited case histories, examined patients with common neurological illnesses, worked at the Multiple Sclerosis Clinic, assisted in neuro-surgeries, managed neurological consults.
- 11/2003 – 12/2003 **ADVANCED MEDICINE SUB-INTERNSHIP**: admitted patients, was responsible for their complete workup, management and discharge.

Residency

- 07/2004 – 06/2007 **University of Connecticut Family Medicine Residency Program**
Rotations were conducted at **Saint Francis Hospital and Medical Center** and **Connecticut Children's Medical Center**.

Work Experience

- 11/2007- 11/2010 **Plainfield Walk-In Medical Center**
Attending Physician
Served partly as Urgent Care Physician and partly as Family Physician in the underserved town of Plainfield, CT
- 11/2007-11/2010 **The William W. Backus Hospital**
Affiliate Physician
Was an active affiliate to the hospital and collaborated with physicians there on the management of several patients.
- 01/2009-01/2009 **University of Pune Tilak Ayurveda College**
CME 2 weeks
Studied hands-on clinical approaches to Ayurveda at Pune, India
- 03/2008-06/2008 **University of Connecticut, Department of Continuing Medical Education**
CME 112 hours
Ayurveda Clinical Assessment Program
Studied and learned of ways to integrate this holistic ancient Indian system of medicine to modern medicine
- 11/2006- 12/2006 **Family Planning/ Reproductive Health**
R3 Elective
Learned about and administered various family planning methods, conducted medical terminations, and assisted with manual vacuum aspirations.
- 08/2006 – 08/2006 **Emergency Medicine**
R3 Elective
Managed patients in the Emergency Department at **Johnson Memorial Hospital**.
- 03/2006 – 04/2006 **Family Medicine/Practice Management**
R2 Elective
Managed patients in an outpatient suburban setting at the private office of Dr. John Mulkern in Quincy, MA.
- 12/2002 – 10/2003 **Sri Ramachandra Medical College and Research Institute**
Compulsory Rotary Resident Intern
PSYCHIATRY: managed patients on an inpatient and outpatient basis.
COMMUNITY MEDICINE: visited urban and rural health centers and performed medical checkups. Referred serious cases to tertiary care centers.
GENERAL SURGERY: performed minor surgeries and assisted in major surgeries.
OBSTETRICS and GYNECOLOGY: conducted normal deliveries and assisted in C- sections. Performed postpartum sterilization and assisted in hysterectomy operations.
DERMATOLOGY: managed patients on an inpatient and outpatient basis.
PEDIATRICS: rotated through newborn ward, inpatient, and outpatient departments.

Volunteer Experience

- 04/2011- 05/2011 **Everest Base Camp Trek**
Volunteer Physician
Treated many local Nepalese as well as fellow hikers both to and from Everest Base Camp
- 12/2010- 02/2011 **Saint Francis House**
Volunteer
Helped cook and serve meals for the homeless on a weekly basis
- 09/2007- 11/2007 **Saint Francis House**
Volunteer
Helped cook and serve meals for the homeless, worked in the clothing department distributing clothing to the homeless
- 09/2007- 11/2007 **Helping Hand Food Pantry**
Volunteer
Helped elderly people select and buy their food once a week
- 09/2007- 10/2010 **Waltham Fields Community Farm**
Volunteer
Helped harvest organic produce that serves several food pantries for the homeless in Boston.
- 09/2007- 11/2007 **People Making a Difference (PMD)**
Took part in several short 1-2 day community service projects through this organization. Collaborated with The Nature Conservancy and the Boston Natural Areas Network on eco-friendly projects.
- 03/2007- 06/2007 **South Park Inn (Clinic for the Homeless)**
Resident Physician Volunteer
Precepted 3rd and 4th year medical students and managed patients at this free outpatient primary clinic for the homeless at the basement of a church once a week.
- 04/2007- 04/2007 **National Rebuilding Day**
Volunteer
Helped clean up and replant the garden of an elderly debilitated couple with the organization Rebuilding Together.
- 03/2007- 04/2007 **Horace Bushnell Apartments**
Physician Volunteer
Counseled the elderly residents of this apartment complex regarding their diabetes, hypertension, mental health issues once a week.
- 03/2007- 03/2007 **Special Olympics of Connecticut**
Volunteer
Took care of a few mentally handicapped athletes and supported them through their respective competitive sports.
- 06/2006- 09/2006 **Migrant Farmers' Clinic**
Resident Physician Volunteer
Precepted 3rd and 4th year medical students and managed patients at these free outpatient primary care clinics for the immigrant farm workers once a week.
- 08/2005- 08/2005 **House of Bread**
Volunteer
Visited, prepared and served food to the homeless at this soup kitchen.
- 03/2003 – 03/2003 **Annual School Checkup Camp**
Volunteer
Visited schools in rural areas to perform physical examinations for school children. Referred more serious cases to tertiary care centers. This was a two-day camp.
- 03/2003 – 03/2003 **National Filariasis Control Camp**
Volunteer

- 03/2003 – 03/2003 Distributed diethyl carbamazine and albendazole tablets amongst people who were found to be positive for microfilaria. This was a one-day camp.
Rotary Medical Center at Thiruverkadu
Volunteer
Collected data for a study that assessed anemia in a rural population amongst school-aged children.
- 02/2003 – 02/2003 **AIDS Awareness Camp**
Volunteer
Educated people on risk factors and prevention of HIV infection. Distributed condoms and flyers to people and talked to them about the importance of safe sex and disposable needles. This was a three-day camp
- 02/2003 – 02/2003 **GREMALTES Hospital**
Volunteer
Evaluated leprosy patients in the dermatology outpatient clinic and provided counseling and support for patients with severe deformities. Educated patients on the importance of wearing protective attire. Advised patients on physiotherapy and possible strategies to correct deformities. This was for a period of one week.
- 02/2003 – 02/2003 **National Immunization Pulse Polio Program**
Volunteer
Vaccinated over 400 children under the age of five regardless of their previous immunization status using oral polio drops.
- 01/2003 – 01/2003 **'Promotion of Breast-Feeding' Camp**
Volunteer
Explained the importance of breast-feeding to mothers in rural regions. Educated young mothers on the practice of breast-feeding and appropriate weaning techniques. This was a two-day camp.
- 01/2003 – 01/2003 **Infectious Diseases Hospital at Thondiarpet**
Volunteer
Presented a seminar on bioterrorism and its implications in today's world.
- 05/1997 – 05/1997 **Diwali Clothes Drive**
Project Organizer
Held a clothes drive and collected clothing and toys. Visited a shelter for the mentally handicapped and distributed the collected items amongst 30 children. This was a 2-week project.
- 11/1996 – 11/1996 **Udhavumkarangal Project**
Project Organizer
Organized a visit to a shelter for the homeless and distributed packets of rice to over 300 destitute women and children.
- 05/1996 – 05/1996 **UNICEF Clinic**
Volunteer
Performed routine antenatal checkups and evaluated pregnant women for hypertension and diabetes. Provided counseling for family planning. Examined and treated children with protein energy malnutrition.
- 02/1996 – 02/1996 **Well-Baby Clinic Project**
Project Organizer
Organized visits to a Well-Baby clinic in Cote d'Ivoire and advised young mothers about the benefits of breast-feeding. Educated mothers on nutrition and appropriate weaning techniques.
- 12/1995 – 12/1995 **Polio Vaccination Project**
Project Organizer
Organized visits to 7 villages in rural Cote d'Ivoire and vaccinated 600 children against polio using oral polio vaccines. This was a 7-day project.

Presentations

- | | |
|---------|--------------------------------|
| 03/2006 | Amenorrhea |
| 06/2006 | Domestic Violence |
| 03/2007 | Dysfunctional Uterine Bleeding |
| 06/2007 | Diseases of the Prostate |

Examinations

07/2008	American Board of Family Medicine- Certified
09/2006	USMLE Step 3, Passed
11/2003	ECFMG – CSA, Passed
05/2003	TOEFL, Passed
11/2002	USMLE Step 2, Passed
08/2002	USMLE Step 1, Passed

Licenses and Certifications

2011- 2013	California Medical License
2008- 2018	American Board of Family Physicians Diplomate
2004- Present	American Academy of Family Physicians- Diplomate for 7 years
2007- Present	Connecticut Medical License
2005- Present	Pediatric Advanced Life support
2005 -Present	Advanced Life Support in Obstetrics
2004- Present	Advanced Cardiac Life Support
2004- Present	Neonatal Resuscitation/Neonatal Advanced Life Support

Language Fluency (Other than English)

Fluent in French, Tamil, and Hindi
Learning Sanskrit

Other Awards/Accomplishments

1) I was one of the two students in my medical school class to be selected to attend two rotations at **Harvard Medical School**; tuition was fully paid by Harvard Medical School. 2) 1996 International Community School of Abidjan Faculty Scholarship Award 3) Performances of classical Indian dance throughout high school and college. 4) Captain of soccer team in high school. 5) Participated in basketball tournaments during college. 6) Traveled to over 20 countries around the world.

Hobbies & Interests

Yoga, meditation, classical Indian dance and singing- Bharatnatyam and Carnatic music, travelling, hiking, backpacking, jogging, soccer, skydiving, rock climbing, river rafting, biking, Sanskrit